

FIVE **FATAL** BASKETBALL MISTAKES



AND HOW TO FIX THEM

[WWW.GETHANDLES.COM/SCORING-MADE-SIMPLE](http://www.gethandles.com/scoring-made-simple)

<http://www.gethandles.com/scoring-made-simple>

INDEX

| | |
|---|----|
| INDEX..... | 2 |
| Important – please note..... | 3 |
| A warm welcome from Jesse Muench..... | 4 |
| FATAL Mistake #1 – Not properly sitting the ball on your hand | 6 |
| FATAL Mistake #2 – Badly timing your shot..... | 7 |
| FATAL Mistake #3 – Dribbling the ball too high | 8 |
| FATAL Mistake #4 – Drilling for oil with the ball..... | 9 |
| FATAL Mistake #5 – Trying to run before you can walk..... | 10 |

Important – please note

This book has been written to provide you with good information on mistakes you might be making in basketball.

Neither the author nor the publisher shall have liability or responsibility to any person or entity with respect to any loss or damage caused or alleged to be caused directly or indirectly by this book.

If you do not accept these terms, then please delete this material from your hard drive.

© Copyright 2016 <http://www.gethandles.com/scoring-made-simple>

A warm welcome from Jesse Muench



Congratulations on taking the first step to take your game to the next level.

I well remember when I started my basketball career - *because I MUST have been a far worse player than you.*

You see, I found it really tough to get my shot off. And even when I managed it, I usually didn't make it, anyway.

So I decided to take time out and analyse how I was doing my moves.

And that was my first real breakthrough.

Hard to imagine that was more than ten years ago. And now I'm a professional basketball coach, rubbing shoulders with stars like Paul George, Kevin Durant LeBron James and Stephen Curry.

And I'm proud to have taught millions of players to improve their game, either one on one, or via social media – and now with my new home study program: 'Scoring Made Simple'.

And here are just some of the kind comments I've received ...



TONIGHT I WENT FROM A BENCH PLAYER TO SCORING 13

(After first seeing the program) I love the program so far it looks so easy to understand and I'm 100% sure it will make me better

(After 2 weeks with the program) Tonight after using the program I went from a bench player that scores maybe 1-2 points per game and I scored 13 and am going to get significant more minutes in the future.

Dylan Nelis (High School Freshman)



**RE-ALIGNING MY ACCURACY WHEN SHOOTING
ALLOWING ME TO STEP OUT
FARTHER WITH MORE ARC ON MY SHOT**

So far it's re-aligning my accuracy when shooting & allowing me to step out farther with more arc on my shot.

The push up warmups really get your muscle firing away, making your shot less effortless.

Anthony Hawkins (College Player)



**IF YOU WANT TO BE UNSTOPPABLE THEN
GIVE THIS PROGRAM A TRY**

This program f*ckin works!! If you want to increase your knowledge of the game and scoring, this is a must have. Jesse has instilled the fundamentals and breaks down exactly what it takes to score on any defense. If you want to be unstoppable give this program a try.

- Troy Meyer (High School Freshman)

So let's look at some of the deadly errors I see players make all the time and, by showing you how to fix them, start you on the road to basketball stardom ...

FATAL Mistake #1 – Not properly sitting the ball on your hand

If, when getting ready to take a shot, you sit the ball in the tip of your thumb, you likely find this quite uncomfortable, making it awkward to hold the proper shooting form.

The result is: you can't give of your best when shooting.

That's because you must never be uncomfortable if you want to be a good shooter. *So what do you do?*

Simple.

Just develop the habit of sitting the ball on the side of the thumb, rather than the tip.

Chances are, this will take a bit of practice, because it will feel awkward to begin with and you'll tend to revert back to the old position of thumb tip out of habit.

So it's just a matter of repetition until you develop the 'better habit' of balancing the ball on the side of the thumb.

Then – before you know it – you will be balancing the ball on your thumb correctly and your shots will be all the better for it.

That's the sort of tiny changes you can make to your game at: <http://www.gethandles.com/scoring-made-simple> that will bring spectacular results.

FATAL Mistake #2 – Badly timing your shot

I'm sure you know, when you shoot at a moving target you should aim in front of where the target is, at that moment.

Well, it's the same principle with your jump.

And what most players do is wait to shoot at the top of their jump. Big mistake, because it results in a jerky shot.

So what you need to do is this ...

Shoot just **BEFORE** the top of your jump.

Because, by making your shot as you are still jumping up, the two movements will work together into one silky smooth, graceful movement.

This packs more punch into the ball's momentum, *meaning you can actually shoot from further way from the hoop and still score.*

What's more, it gives the defender less time to defend the shot.

As ever, you'll need to practice this so it becomes second nature.

And that one of the secrets of the success I've achieved with my 'Scoring Made Simple' program.

That's because I've found most of the alternative programs out there make the deadly mistake of giving you too many new things.

Don't you think it's far better to concentrate on a few key moves – like the one we've just discussed?

Of course, because the right, simple changes can make an enormous difference to your game.

So why not check out what the fuss is all about:

<http://www.gethandles.com/scoring-made-simple>

FATAL Mistake #3 – Dribbling the ball too high

Don't feel bad about this, because I see a lot of even very experienced players make this mistake.

If you dribble the ball too high you have less control over it.

But if you dribble nice and low, the energy in the bounce isn't diluted, so it is quicker and more explosive.

But – above all – YOU have more control.

So it's easy to fix, because all you need do is practice dribbling as low as you can.

And, if the likes of 'Shaq' O'Neal, at 7 foot one inch tall can do it, you'll have less of a problem!

FATAL Mistake #4 – Drilling for oil with the ball

That's what it looks like when you dribble on the same spot.

And that's bad for the game (as well as the floor paint), because the game then loses momentum and starts to stagnate.

Still, it's easily fixed – just keep movin'

FATAL Mistake #5 – Trying to run before you can walk

It's only human nature to want fame and fortune as fast as possible.

But sometimes it pays to make haste slowly.

And this is never more true than with basketball, where you'll make far better progress – and far faster – if you take the time to master the basics.

And that's the secret weapon I deploy in my 'Scoring Made Simple' program, where we work on building a rock solid foundation of the sort of moves you use most often in actual games.

That's were we part company with other, less effective, programs, because they will waste hours of your time having you practice moves you'll hardly (if ever) use in a real life game.

As the title of our program has it: 'Scoring Made SIMPLE', we focus on these red hot winning moves and then build on that foundation to help you develop your very own 'go-to' moves you can always count on.

And this is the result – happy basketball players who have transformed their game out of all recognition.



AFTER A COUPLE OF WEEKS OF THE PROGRAM I GOT BETTER SO FAST

The program is awesome I got better with my handle and my midrange I was as just a 3 point shooter but after a couple of weeks of the program I got better so fast.

Now I just play with my defenders. I just cross you and pull up for a midrange jump shot and it is easy money. Thank you. Jesse Muench is the truth of basketball workouts. All hail Jesse....

Gabriel Christian (High School Varsity)

So if you want to be my next delighted client to send me a message like this, then simply check this out, now:

<http://www.gethandles.com/scoring-made-simple>